



Delegation Protocol Number: 207

Delegation Protocol Title:

Pharmacist Tobacco Cessation Screening and NRT Prescribing for Caregivers - Adult - Ambulatory

Delegation Protocol Applies To:

American Family Children's Hospital

Target Patient Population:

Adult patients identified as caregivers of pediatric patients admitted to the American Family Children's Hospital that are current users of tobacco cigarettes

Exclusion Criteria:

- Younger than 18 years of age
- Pregnant
- Using forms of tobacco other than combustible cigarettes (e.g. chewing tobacco, e-cigarettes)

Delegation Protocol Champion:

Brian Williams, MD – Department of Medicine, Hospital Medicine

Delegation Protocol Reviewers:

Matthew Anderson, MD – Department of Medicine

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Joshua Vanderloo, PharmD, BCPS – Drug Policy Program

Philip Trapskin, PharmD, BCPS – Director, Drug Policy Program

Responsible Department:

Department of Pharmacy

Purpose Statement:

The purpose of this protocol is to delegate authority from a UW Health primary care provider or a UW Health designated physician to the UW Health pharmacist to prescribe nicotine replacement therapy for adult caregivers of admitted pediatric patients to reduce exposure to second-hand smoke.

Who May Carry Out This Protocol:

Pharmacists

Guidelines for Implementation:

1. This delegation protocol is initiated when an order for American Family Children's Hospital admission to Inpatient, Observation, or Outpatient Short Stay status is received for any pediatric patient and the patient is identified as being exposed to tobacco by an adult caregiver.
2. Pharmacists will obtain a tobacco history from the pediatric patient's adult caregivers that smoke tobacco.
 - 2.1. Pediatric patient's adult caregiver's daily nicotine intake (i.e., number of cigarettes).

- 2.2. Assess if pediatric patient's adult caregiver has an allergy to soy beans/soya as mint lozenges contain soya.
- 2.3. Provide evidence-based tobacco counseling and a cessation plan (if applicable) consistent with the [UW Health Assessment of Tobacco Use or Secondhand Exposure and Interventions for Tobacco Cessation – Adult/Pediatric – Inpatient/Ambulatory Clinical Practice Guideline](#).
- 2.4. Order Nicotine Replacement Therapy as outlined in the [UW Health Assessment of Tobacco Use or Secondhand Exposure and Interventions for Tobacco Cessation – Adult/Pediatric – Inpatient/Ambulatory Clinical Practice Guideline](#).
3. The decision to provide dual- or monotherapy nicotine replacement will be determined as follows:
 - 3.1. Pediatric patient's adult caregivers that use ≥ 10 cigarettes per day will be provided a nicotine patch AND gum OR lozenge depending on pediatric patient's adult caregiver's preference.
 - 3.2. Pediatric patient's adult caregivers that use < 10 cigarettes per day will be provided nicotine patch OR gum OR lozenge depending on pediatric patient's adult caregiver's preference.
4. Pharmacist will document tobacco cessation screening in the electronic medical record of the pediatric patient's adult caregiver and enter a progress note.
5. The pharmacist will order nicotine replacement therapy and send to an outpatient pharmacy.
 - 5.1. If the pediatric patient's adult caregiver has a UW Health primary care provider, the ordering provider should be that individual.
 - 5.2. If the pediatric patient's adult caregiver does not have a UW Health primary care provider, the ordering provider should be Dr. Brian Williams.

Order Mode:

Protocol/Policy, without Cosign

Reference:

1. Fiore MC, Jaen CR, Baker TB, et al. *Treating Tobacco Use and Dependence: 2008 Update*. Clinical Practice Guideline. Rockville, MD: U.S. Department of Health and Human Services. Public Health Service. May 2008.

Collateral Documents/Tools:

1. [UW Health Assessment of Tobacco Use or Secondhand Exposure and Interventions for Tobacco Cessation – Adult/Pediatric – Inpatient/Ambulatory Clinical Practice Guideline](#)
2. [Breathe Easy Smoke-free Guide for Patients, Visitors, and Employees](#)

Approved By:

UWHC Pharmacy and Therapeutics Committee: July 2019

UWHC Medical Board: August 2019

UW Health Chief Clinical Officer: August 2019