

# TOOL: Tobacco-Free Environment Decisional Balance Exercise



Write down the pros and cons of implementing or changing a tobacco-free environment policy in the boxes below. When all boxes have been filled in, circle the most important reasons in the table. Discuss with leadership and your wellness committee. This exercise can be completed in individual or group settings.

<p>What are the benefits of implementing a tobacco-free environment?</p>	<p>What are the costs of implementing a tobacco-free environment?</p>
<p>What are the benefits of maintaining our current tobacco environment?</p>	<p>What are the costs of maintaining our current tobacco environment?</p>

